



# Hot Mama's Wings

## STARTERS

- SOFT PRETZEL** 6  
Served with beer cheese sauce and stone ground mustard
- CHICKEN FRIED BACON** 8  
Gluten-free, thick cut pepper bacon served with spiced maple syrup
- BUFFALO-FRIED CAULIFLOWER** 8  
Gluten-free, tossed in classic buffalo sauce, served with ranch dressing
- BEER-BATTERED PICKLE BASKET** 8.5  
 Gluten-free, fried pickle chips, served with ranch dressing
- FRIED CHEDDAR BITES** 8.5  
Gluten-free, served with ranch dressing
- SHOESTRING ONIONS** 8.5  
 Gluten-free, fried shoestring onions, served with ranch dressing
- DIRTY FRIES** 9  
Cajun fries topped with Mama's cheese sauce, bacon bits and green onions
- DIRTY GREEN BEANS** 9  
Blistered cajun greens beans topped with Mama's cheese sauce, bacon bits and green onions
- BACON-WRAPPED JALAPEÑO POPPERS** 10  
Housemade, stuffed with cream cheese, served with pineapple-mint dipping sauce

## sides

- BLISTERED GREEN BEANS** 5
- SIDE SALAD OR CAESAR** 5
- SOUP OF THE DAY** 5
- A POUND OF FRIES OR TATER TOTS** 5  
Add cajun spice 50¢
- GARLIC PARMESAN FRIES OR TOTS** 6.5
- MAMA'S COLESLAW** 2.5
- EXTRA RANCH, BLEU CHEESE DRESSING, TARTAR OR WING SAUCE** 50¢

## WINGS



Mama's wings are free-range, all-natural, hormone and antibiotic-free

ALSO AVAILABLE IN ORGANIC TEMPEH

- 7 for \$8 | 10 for \$11 | 14 for \$15
- 21 for \$22 | 28 for \$29 | 40 for \$40
- 56 for \$55 | 100 for \$93

Served with your choice of awesome sauce (below) and bleu cheese or ranch dressing  
Minimum seven wings per sauce selection  
Seven sauce limit on orders of 56 or more

### BACON BLEU

### GARLIC PARMESAN

### BARBECUE

### CHILE LIME CILANTRO 🌶️

### ASIAN HONEY MUSTARD 🌶️

### THAI PEANUT 🌶️

### SPICED MAPLE BACON 🌶️

### CLASSIC BUFFALO 🌶️🌶️

### RASPBERRY HABANERO 🌶️🌶️🌶️

### HOT 🌶️🌶️🌶️

### INFERNO 🌶️🌶️🌶️🌶️

Choose wisely, my friend

### KAMIKAZE

Okay, but you're on your own

Ask about Mama's featured sauce!

Not sure? Ask for a taste. Extra sauce 50¢

ALL SAUCES ARE GLUTEN-FREE

= DAIRY-FREE



MAMA IS A PROUD PARTNER OF GLORYBEE'S SAVE THE BEE CAUSE. SAVETHEBEE.ORG

We are a from-scratch kitchen focused on fresh, high-quality ingredients.

Although our kitchen is not gluten-free, we try to keep our gluten-free items from contacting those containing gluten.



# Salads

## HOUSE 8.5

Organic mixed greens, carrots, chickpeas, red bell peppers, red onions and croutons.  
Dressings (served on the side): champagne vinaigrette, balsamic vinaigrette, bleu cheese, ranch – Add organic tempeh 1.5 chicken 4

## BUFFALO CHICKEN 13.5

Organic mixed greens, bacon, fried shoestring onions and all-natural chicken breast or organic tempeh tossed in your choice of hot or classic buffalo sauce with bleu cheese dressing on the side – Sub buttermilk fried chicken 1.5

## CAESAR 9

Chopped romaine lettuce, parmesan, lemon and housemade croutons tossed in caesar dressing – Add bacon 1.5 chicken 4

## BEET SALAD 13

Organic mixed greens, roasted beets, candied pecans, goat cheese with champagne vinaigrette on the side

# BURGERS

Local, all-natural, hormone and antibiotic-free beef and pork patty from Knee Deep Cattle Co. and Carlton Farms with lettuce, tomato, onion, pickle chips and fries or tater tots – Sub garden burger or all-natural chicken breast  
Sub salad, caesar or soup 2.5 Sub gluten-free bun 1

## THE ALL RIGHT HAMILTON 11

Our classic burger – Add patty 4 Add cheese 1  
bleu, cheddar, gouda, pepper jack, swiss or american

## THE HOT MAMA 13

Jalapenos, hot sauce and pepper jack cheese

## THE FLYIN' HAWAIIAN 13.5

Teriyaki sauce, swiss cheese and grilled pineapple

## CAPTAIN LOU'S BACON BLEU 13.5

Bacon and bleu cheese

## MUSHROOM SWISS 13.50

Mushrooms and swiss cheese

## MEAN GENE'S BARBEQUE 14

Bacon, BBQ sauce, fried shoestring onions and cheddar cheese

## THE BLUTO 14

Bacon, classic buffalo sauce, fried shoestring onions and bleu cheese

# SANDWICHES

Served with fries or tater tots

Sub salad, caesar or soup 2.5 Sub gluten-free bun 1

## GRILLED CHICKEN 12.5

All-natural grilled chicken breast with lettuce, tomato, onion, Mama's coleslaw and choice of sauce on toasted ciabatta

## NOT-YOUR-AVERAGE-JOE'S BLT 10.5

Four bacon strips, lettuce, tomato and mayo on toasted ciabatta  
Add cheese 75¢ avocado 1 egg 1 grilled onion 1 Sub chicken fried bacon 1

## TEMPEH REUBEN 11.5

Organic tempeh, sauerkraut, housemade russian dressing and swiss cheese on marble rye

## TURKEY BACON AVOCADO 13.5

All-natural oven roasted turkey, bacon, avocado and smoked gouda with lettuce, tomato and mayo on toasted ciabatta

## BUTTERMILK FRIED CHICKEN 14

All-natural buttermilk fried chicken breast with Mama's coleslaw, pickle chips, choice of sauce on toasted soft roll

## THE UNCLE PHILLY 14

Knee Deep Cattle Co. roast beef, onions, red peppers, anaheim and jalapeño peppers topped with Mama's cheese sauce on toasted hoagie

# favorites

## MAC AND CHEESE 7/9

Housemade with cheddar, swiss, gouda and provolone cheese  
Sub gluten-free pasta 1.5 Add choice of tomato, broccoli or mushrooms 1 bacon 1.5 organic tempeh 1.5 chicken 4

## FISH AND CHIPS 13

 Gluten-free, beer-battered cod served with tartar sauce, lemon and fries or tater tots

## CHICKEN TENDER BASKET 11.5

Gluten-free, housemade all-natural buttermilk chicken tenders served with choice of sauce, ranch and fries or tater tots